

# BREAKFAST

SERVED 7:00AM-4:00PM MONDAY TO FRIDAY | SERVED 7:00AM-10:30AM SATURDAY & SUNDAY

## STARTERS

### KELLOGG'S CEREAL (VEG)

SINGLE SERVE BOXES, WHOLE MILK, ALMOND OR SOY MILK

#### CHOICE OF:

FROOT LOOPS  
FROSTED FLAKES  
CORN POPS  
RICE KRISPES  
SPECIAL K  
CORN FLAKES  
ALL BRAN

6

### DOUGHNUTS (VEG)

INSPIRED BY TIMBITS

FROOT LOOP, CORN POP AND FROSTED FLAKE CRUSTED DOUGHNUT HOLES, VANILLA GLAZE

10

### YOGURT PARFAIT (VEG)

GREEK YOGURT, MAPLE GRANOLA, SEASONAL PRESERVES, LOCAL HONEY AND MINT

12

### TROPICAL FRUIT BOWL (VEG | GF)

SEASONAL TROPICAL FRUITS, MINT, VANILLA BEAN CHIA SEED DIP

12

## SIDES

### EXTRA MEAT (GF)

PEAMEAL BACON, CANADIAN BACK BACON, SMOKED MEAT, HICKORY BACON

8

### HOME FRIES (V | VEG | GF)

CRISP YUKON GOLD HOME FRIES, ROASTED ONIONS

6

### MAPLE BREAKFAST SAUSAGE (GF)

PORK, GARLIC, ROSEMARY AND BLACK PEPPER

8

## SESSIONS SIGNATURES

### SESSIONS SLAM 20

TWO EGGS, HOME FRIES, ROASTED TOMATO, THICK CUT TOAST, CHOICE OF SMOKED BACON, BREAKFAST SAUSAGE, PEAMEAL BACON OR BACK BACON

### PLANT BREAKFAST (V | VEG) 18

SOFT TOFU SCRAMBLE, RICE PAPER BACON, ROASTED TOMATO, AVOCADO, HOME FRIES, THICK CUT WHOLE WHEAT TOAST

### BREAKFAST POUTINE 18

TWO FRIED EGGS, CRISP RUSSET FRIES, CHEESE CURDS, SMOKED BACON, HOLLANDAISE AND POUTINE JUS

### SMOKED MEAT HASH (GF) 20

TWO POACHED EGGS, MONTREAL SMOKED MEAT, HOME FRIES, CARAMELIZED ONIONS, PEPPERONATA, HOLLANDAISE

### BUTTERMILK PANCAKES 18

MAPLE SYRUP, HICKORY BACON, CREAMERY BUTTER

### EGGS BENEDICT

POACHED EGGS, TOASTED Brioche, HOLLANDAISE, HOME FRIES  
SMOKED MEAT 22 | SMOKED SALMON 25  
PEAMEAL BACON 22 | BACK BACON 20  
ROASTED WILD MUSHROOMS (VEG) 18

### WESTERN OMELET 18

ROASTED PEPPERS, ONIONS, CANADIAN BACON, WHITE CHEDDAR SERVED WITH HOME FRIES AND THICK CUT TOAST

### BREAKFAST SANDWICH 20

BREAKFAST SAUSAGE, THICK CUT CHEDDAR, SCRAMBLED EGG, ROASTED GARLIC MAYO, TOASTED SESAME Brioche, SERVED WITH HOME FRIES

### STEAK & EGGS 38

8OZ CHAR GRILLED FLAT IRON MTL STEAK SPICE, HOME FRIES, POUTINE JUS, TWO FRIED EGGS

## INTERNATIONAL CLASSICS

### FRENCH TOAST SOUFFLE (VEG) 20

CUSTARD-SOAKED Brioche, BLACKBERRY JAM, LEMON CRÈME FRAICHE WHIPPED CREAM

### SHAKSHUKA (VEG) 20

TWO EGGS COOKED IN SPICED TOMATO SAUCE, KALE, CHICKPEAS, GRILLED FOCACCIA

### HUEVOS RANCHEROS (VEG) 22

TWO SUNNY SIDE UP EGGS, CORN TORTILLAS, REFRIED BEANS, RANCHERO SAUCE, AVOCADO, GREEN ONION SOUR CREAM, CHEDDAR QUESO AND SALSA

## COFFEE & TEA

### FIRE ROASTED COFFEE 5

### DOUBLE ESPRESSO 10

### FIRE ROASTED DECAF 5

### AMERICANO 7

### CAPPUCCINO 7

### METROPOLITAN TEA 5

### LATTE 7

### SMALL POT OF COFFEE 10

### ESPRESSO 6

### LARGE POT OF COFFEE 16

## FRESH PRESSED JUICE

### GOLDEN WAVE (V | VEG | GF) 12

ORANGE, GRAPEFRUIT, WATERMELON

### GREENS (V | VEG | GF) 12

GREEN APPLE, KALE, SPINACH, CUCUMBER

### FRESH ORANGE JUICE (V | VEG | GF) 12

FRESH PRESSED IN HOUSE

(V) VEGAN | (VEG) VEGETARIAN | (GF) GLUTEN FREE

FOR PARTIES OF 6 OR MORE, THERE WILL BE A LARGE PARTY GRATUITY OF 20% ADDED TO THE BILL

# LUNCH

SERVED 11:00AM-4:00PM MONDAY TO FRIDAY

## STARTERS

### TOMATO SOUP 10

BUTTERMILK CRÈMA, WHITE CHEDDAR GRILLED CHEESE

### ROASTED TURKEY MEATBALLS 14

CARAMELIZED SWEET POTATO, CHEDDAR QUESO, TOMATO, SWEET POTATO CHIPS

### PEROGIES 14

CANADIAN CHEDDAR AND YUKON GOLD POTATO, BISON SHORT RIB JUS, CHEDDAR SAUCE, GREEN ONION SOUR CREAM

### HOT CRAB DIP 18

WEST COAST CRAB, WHITE CHEDDAR, ROASTED SQUASH, REMOULADE, SESSIONS GARLIC BREAD

### SPICY SALMON TARTARE 14

BBQ SALMON, SMOKED SALMON, SALMON CRUDO, SWEET PEAS, CUCUMBER, MAPLE CHILI AIOLI

### FRIED MOZZARELLA 14

PEPPERONI, POBLANOS, HICKORY BACON, CREMINI MUSHROOMS, MARINARA SAUCE

### ONION RINGS 12

BATTERED ONION RINGS WITH CANADIAN GRAINS, BUTTERMILK RANCH

### CHICKEN FINGERS 14

CORN FLAKE CRUSTED CHICKEN TENDERS, CHOICE OF TWO SAUCES: BUTTERMILK RANCH, BBQ, MAPLE CHILI AIOLI, OR SWEET & SOUR

### SEASONAL PLATE 18

SEASONAL ROOT VEGETABLES, DILL PICKLES, PICKLED ONIONS, HARD COOKED EGG, COLD SMOKED SALMON, ELK SUMMER SAUSAGE, SWEET POTATO DIP, SALTINES AND GARLIC BREAD

MAKE IT JUST VEGGIES (VEG)

ADD CANADIAN CHEESE  
2oz \$7 | 4oz \$14

### LOBSTER CORN DOG 26

EAST COAST LOBSTER, CORN BATTER, CHIVE AND SPICY AIOLI

## SALADS

### CAESAR SALAD 18

ROMAINE, HICKORY BACON, HARD COOKED EGG, HOUSE DRESSING, PARMESAN, GARLIC TOAST

### BBQ SALMON (GF) 24

HOT SMOKED MAPLE SALMON, ROASTED SWEET POTATO, PEAS, TENDRILS AND LETTUCES, GREEN GODDESS YOGURT DRESSING

### CHEF'S SALAD 20

CANADIAN BACON, MTL CHICKEN, HARD COOKED EGG, OKA CHEESE, CUCUMBER, ROASTED ROMA TOMATOES, LETTUCES, FRENCH DRESSING

### GREEN WEDGE (V | VEG | GF) 18

ICEBERG LETTUCE, TOMATO, CUCUMBER, BBQ CHICKPEAS, PICKLED SHALLOTS, PUFFED CANADIAN GRAINS, BUTTERMILK RANCH

## SALAD ADDITIONS:

MONTREAL SPICED CHICKEN 10 | CORN FLAKE CRUSTED CHICKEN 10  
CLAMATO POACHED SHRIMP 12 | HOUSE SMOKED SALMON 12  
FRIED FARM EGG 4 | SPECIAL K COATED TOFU 8

## BURGERS & SANDWICHES

SERVED WITH HOUSE RUSSET FRIES AND SESSIONS COLESLAW

### ALL CANADIAN BURGER 26

CHAR GRILLED BEEF CHUCK PATTY, FULLY DRESSED, HICKORY BACON, THICK CUT CHEDDAR, THOUSAND ISLANDS AIOLI, TOASTED SESAME Brioche

### BLACKENED MUSHROOM BURGER (V | VEG) 23

RICE PAPER BACON, AVOCADO, TOMATO, SHREDDED ICEBERG LETTUCE, CHILI AIOLI, TOASTED PLANT-BASED Brioche

### CORN FLAKE FRIED CHICKEN 26

SHREDDED LETTUCE, DILL PICKLES, BUTTERMILK RANCH, TOASTED Brioche

### NASHVILLE FRIED CHICKEN 26

CORN FLAKE FRIED CHICKEN, NASHVILLE DRY SPICE, COLESLAW, MAPLE CHILI MAYO, DILL PICKLES, TOASTED Brioche

### SMOKED MEAT SANDWICH 26

HOUSE SMOKED MONTREAL BRISKET, DELI MUSTARD, FRIED ONIONS, TOASTED Brioche

### FRENCH DIP 26

SLOW ROASTED BEEF, BRAISED SHORT RIBS, CARAMELIZED ONIONS, AGED WHITE CHEDDAR, BAGUETTE, BEEF JUS

### FISH SANDWICH 24

SALTINE CRUSTED EAST COAST COD, THICK CUT CHEDDAR, TARTARE SAUCE, ICEBERG LETTUCE, DILL PICKLES, TOASTED SESAME Brioche

## (519) SIGNATURES

### EVERYTHING CRUSTED SALMON (GF) 30

ATLANTIC SALMON, BUTTERED LEEK MASH, HONEY MUSTARD AND DILL BUTTER SAUCE

### ROASTED CHICKEN 33

MTL CHICKEN SPICES, CRISP RUSSET FRIES, SESSIONS COLESLAW, CHALET CHICKEN JUS

### CANADIAN STEAK FRITES (GF) 42

8OZ CHAR GRILLED FLAT IRON, MTL STEAK SPICE, CRISP RUSSET FRIES, POUTINE JUS, CHEDDAR SAUCE

### SHORT RIB CHILI CON CARNE 26

BRAISED BEEF SHORT RIBS, GREEN ONION SOUR CREAM AND CHEDDAR SERVED WITH GARLIC BREAD

### SMOKED SALMON CARBONARA (GF) 25

HICKORY BACON, HOUSE SMOKED SALMON, PECORINO, EGG, LINGUINI

### HR MACARONI AND CHEESE (VEG) 24

CAVATAPPI PASTA, CANADIAN CHEDDAR, CHEESE CURDS, SALTED CORN FLAKE CRUNCH, GARLIC BREAD

## POUTINES

### SESSIONS CLASSIC POUTINE 18

CRISP RUSSET FRIES, CHEESE CURDS, POUTINE JUS

### SMOKED MEAT POUTINE 19

HOUSE SM

# BRUNCH

1 COURSE BRUNCH **25**

2 COURSE BRUNCH **30**

3 COURSE BRUNCH **40**

ADD BOTTOMLESS  
MIMOSA'S (PP) **25**

## FIRST COURSE

**KELLOGG'S CEREAL** (VEG)  
SINGLE SERVE BOXES, WHOLE MILK,  
ALMOND OR OAT MILK

**CHOICE OF:**  
FROOT LOOPS, FROSTED FLAKES,  
CORN POPS, RICE KRISPIES,  
SPECIAL K, CORN FLAKES, ALL BRAN

**YOGURT PARFAIT** (VEG)  
GREEK YOGURT,  
MAPLE GRANOLA,  
SEASONAL PRESERVES,  
LOCAL HONEY AND MINT

**TROPICAL FRUIT BOWL**  
(VEG | GF)

SEASONAL TROPICAL FRUITS, MINT,  
VANILLA BEAN CHIA SEED DIP

**AVOCADO TOAST** (VEG)  
SMASHED AVOCADO,  
CUCUMBER, MINT, RED ONION,  
GOAT CHEESE, SOURDOUGH  
WHOLE GRAIN TOAST  
ADD AN EGG \$4

**FRENCH TOAST SOUFFLE**  
(VEG)  
CUSTARD-SOAKED  
BRIOCHE, BLACKBERRY JAM,  
LEMON CRÈME FRAICHE  
WHIPPED CREAM

**HUEVOS RANCHEROS**  
(VEG)  
TWO SUNNY SIDE UP EGGS, CORN  
TORTILLAS, REFRIED BEANS,  
RANCHERO SAUCE, AVOCADO,  
GREEN ONION SOUR CREAM,  
CHEDDAR QUESO AND SALSA

**EGGS BENEDICT**  
POACHED EGGS, TOASTED BRIOCHE,  
HOLLANDAISE, HOME FRIES  
SMOKED MEAT / SMOKED SALMON  
PEAMEAL BACON / BACK BACON  
ROASTED WILD MUSHROOMS (VEG)

**FRIED CHICKEN WAFFLES**  
CORN FLAKE CRUSTED CHICKEN,  
BUTTERMILK WAFFLE, SESSIONS  
COLESLAW, POACHED EGG,  
HOLLANDAISE

**CRAB CARBONARA**  
HICKORY BACON, WEST COAST  
CRAB, PECORINO, EGG, LINGUINI

**ALL CANADIAN BURGER**  
CHAR GRILLED BEEF CHUCK  
PATTY, FULLY DRESSED, HICKORY  
BACON, THICK CUT CHEDDAR,  
THOUSAND ISLANDS AIOLI,  
TOASTED SESAME BRIOCHE

**BLACKENED MUSHROOM BURGER**  
(V | VEG)

RICE PAPER BACON, AVOCADO,  
TOMATO, SHREDDED ICEBERG  
LETTUCE, CHILI AIOLI, TOASTED  
PLANT-BASED BRIOCHE

**SALMON BURGER**  
EVERYTHING SEASONED  
SALMON, GREEN GODDESS AIOLI,  
CUCUMBER, ICEBERG LETTUCE  
AND TOASTED SESAME BRIOCHE,

## CAESAR, EH?

**OH CANADA 18**  
FINLANDIA VODKA,  
WORCESTERSHIRE,  
TABASCO PEPPER SAUCE,  
PICKLE JUICE, LEMON JUICE,  
CLAMATO JUICE, PEPPER

**SPICY MARIA 20**  
HORNITOS PLATA TEQUILA,  
WORCESTERSHIRE, SIRACHA  
HOT SAUCE, LEMON JUICE,  
CLAMATO JUICE, PEPPER

**GIN & JUICE 18**  
BEEFEATER LONDON  
DRY GIN, WORCESTERSHIRE,  
TABASCO PEPPER SAUCE, LEMON  
JUICE, TOMATO JUICE, PEPPER

## MIMOSA MORNINGS OR...AFTERNOONS

**PEACHY IN THE MORNING 16**  
PEACH PUREE, PROSECCO

**PRETTY IN PINK 16**  
RASPBERRY LEMONADE,  
SPARKLING ROSE, PROSECCO

**CITRUS SUNRISE 16**  
PINEAPPLE JUICE, ORANGE JUICE,  
LEMON JUICE, PROSECCO

(V) VEGAN |  
(VEG) VEGETARIAN  
(GF) GLUTEN FREE  
FOR PARTIES OF 6 OR MORE, THERE  
WILL BE A LARGE PARTY GRATUITY  
OF 20% ADDED TO THE BILL

## THIRD COURSE

**S'MORES**  
GRAHAM CRACKER,  
HOMEMADE MARSHMALLOW,  
DULCE DE LECHE, WHITE  
CHOCOLATE, CHOCOLATE SAUCE

**NEW YORK CHEESECAKE**  
GRAHAM CRACKER CRUST,  
CHERRY VANILLA SAUCE

**DOUGHNUTS**  
(VEG)  
FROOT LOOP, CORN POP AND  
FROSTED FLAKE CRUSTED  
DOUGHNUTS, VANILLA GLAZE

**DARK CHOCOLATE TART**  
(VEG | GF)  
BUCKWHEAT AND PUMPKIN PRALINE

**ICE CREAM**  
(VEG | GF)  
VANILLA  
CHOCOLATE  
STRAWBERRY SORBET

# BRUNCH PLATTERS

**BRUNCH FOR TWO 80**

PICK 1 ITEM FROM EACH CATEGORY  
AND RECEIVE 2 OF EACH

ADD BOTTOMLESS MIMOSA'S (PP) **25**

**BRUNCH FOR FOUR 140**

PICK 1 ITEM FROM EACH CATEGORY  
AND RECEIVE 4 OF EACH

## FIRST CHOICE

**YOGURT PARFAIT** (VEG)

GREEK YOGURT, MAPLE GRANOLA,  
SEASONAL PRESERVES,  
LOCAL HONEY AND MINT

**TROPICAL FRUIT BOWL** (VEG | GF)

SEASONAL TROPICAL FRUITS,  
MINT, VANILLA BEAN CHIA SEED DIP

**AVOCADO TOAST** (VEG)

SMASHED AVOCADO, CUCUMBER,  
MINT, RED ONION, GOAT CHEESE,  
SOURDOUGH TOAST  
ADD AN EGG \$4

## SECOND CHOICE

**FRENCH TOAST SOUFFLE** (VEG)

CUSTARD-SOAKED BRIOCHE,  
BLACKBERRY JAM, LEMON CRÈME  
FRAICHE WHIPPED CREAM

**ALL CANADIAN BURGER**

CHAR GRILLED BEEF CHUCK PATTY,  
FULLY DRESSED, HICKORY BACON,  
THICK CUT CHEDDAR,  
THOUSAND ISLANDS AIOLI,  
TOASTED SESAME BRIOCHE

**EGGS BENEDICT**

POACHED EGGS, TOASTED BRIOCHE,  
HOLLANDAISE, HOME FRIES,  
SMOKED MEAT / PEAMEAL BACON  
/ BACK BACON / ROASTED WILD  
MUSHROOMS (VEG)

**FRIED CHICKEN WAFFLES**

CORNFLAKE CRUSTED CHICKEN,  
BUTTERMILK WAFFLE, SESSIONS  
COLESLAW, POACHED EGG,  
HOLLANDAISE

**BUTTERMILK PANCAKES**

MAPLE SYRUP,  
HICKORY BACON,  
CREAMERY BUTTER

**BLACKENED MUSHROOM  
BURGER** (V | VEG)

SESSION'S COLESLAW,  
SWEET POTATO HUMMUS,  
TOASTED SESAME BRIOCHE

## THIRD CHOICE

**"DOUGHNUTS"** (VEG)

(INSPIRED BY TIMBITS)  
FROOT LOOP, CORN POP AND  
FROSTED FLAKE CRUSTED  
DOUGHNUT HOLES, VANILLA GLAZE,  
WHIPPED CREAM

**NEW YORK CHEESECAKE**

GRAHAM CRACKER CRUST,  
CHERRY VANILLA SAUCE

## FRESH PRESSED JUICE

**ORANGE JUICE** (VEG | GF) **7**  
FRESH PRESSED IN HOUSE

**GOLDEN WAVE** (V | VEG | GF) **12**  
ORANGE, GRAPEFRUIT, WATERMELON

**GREENS** (V | VEG | GF) **12**  
GREEN APPLE, KALE, SPINACH, CUCUMBER

# DINNER

## STARTERS

### TOMATO SOUP 10

BUTTERMILK CRÈMA, WHITE CHEDDAR GRILLED CHEESE

### ROASTED TURKEY MEATBALLS 14

CARAMELIZED SWEET POTATO, CHEDDAR QUESO, TOMATO, SWEET POTATO CHIPS

### PEROGIES 14

CANADIAN CHEDDAR AND YUKON GOLD POTATO, BISON SHORT RIB JUS, CHEDDAR SAUCE, GREEN ONION SOUR CREAM

### HOT CRAB DIP 18

WEST COAST CRAB, WHITE CHEDDAR, ROASTED SQUASH, REMOULADE, SESSIONS GARLIC BREAD

### SPICY SALMON TARTARE 14

BBC SALMON, SMOKED SALMON, SALMON CRUDO, SWEET PEAS, CUCUMBER, MAPLE CHILI AIOLI

### FRIED MOZZARELLA 14

PEPPERONI, POBLANOS, HICKORY BACON, CREMINI MUSHROOMS, MARINARA SAUCE

### ONION RINGS 12

BATTERED ONION RINGS WITH CANADIAN GRAINS, BUTTERMILK RANCH

### FISH & CHIPS 16

SALTINE CRUSTED EAST COAST COD, TARTAR SAUCE, DILL PICKLES, HOUSE MADE CRISPS

### CHICKEN FINGERS 14

CORN FLAKE CRUSTED CHICKEN TENDERS, CHOICE OF TWO SAUCES: BUTTERMILK RANCH, BBQ, MAPLE CHILI AIOLI, OR SWEET & SOUR

### SEASONAL PLATE 18

SEASONAL ROOT VEGETABLES, DILL PICKLES, PICKLED ONIONS, HARD COOKED EGG, COLD SMOKED SALMON, ELK SUMMER SAUSAGE, SWEET POTATO DIP, SALTINES AND GARLIC BREAD

MAKE IT JUST VEGGIES (VEG)  
ADD CANADIAN CHEESE  
2oz \$7 | 4oz \$14

### LOBSTER CORN DOG 26

EAST COAST LOBSTER, CORN BATTER, CHIVE AND SPICY AIOLI

## SALADS

### CAESAR SALAD 18

ROMAINE, HICKORY BACON, HARD COOKED EGG, HOUSE DRESSING, PARMESAN, GARLIC TOAST

### BBQ SALMON (GF) 24

HOT SMOKED MAPLE SALMON, ROASTED SWEET POTATO, PEAS, TENDRILS AND LETTUCES, GREEN GODDESS YOGURT DRESSING

### CHEF'S SALAD 20

CANADIAN BACON, MTL CHICKEN, HARD COOKED EGG, OKA CHEESE, CUCUMBER, ROASTED ROMA TOMATOES, LETTUCES, FRENCH DRESSING

### GREEN WEDGE (V | VEG | GF) 18

ICEBERG LETTUCE, TOMATO, CUCUMBER, BBQ CHICKPEAS, PICKLED SHALLOTS, PUFFED CANADIAN GRAINS, BUTTERMILK RANCH

#### SALAD ADDITIONS:

MONTRÉAL SPICED CHICKEN 10 | CORNFLAKE CRUSTED CHICKEN 10  
CLAMATO POACHED SHRIMP 12 | HOUSE SMOKED SALMON 12  
FRIED FARM EGG 4 | SPECIAL K COATED TOFU 8

## BURGERS & SANDWICHES

SERVED WITH HOUSE RUSSET FRIES AND SESSIONS COLESLAW

### ALL CANADIAN BURGER 26

CHAR GRILLED BEEF CHUCK PATTY, FULLY DRESSED, HICKORY BACON, THICK CUT CHEDDAR, THOUSAND ISLANDS AIOLI, TOASTED SESAME BRIOCHE

### BLACKENED MUSHROOM BURGER (V | VEG) 23

RICE PAPER BACON, AVOCADO, TOMATO, SHREDDED ICEBERG LETTUCE, CHILI AIOLI, TOASTED PLANT-BASED BRIOCHE

### CORN FLAKE FRIED CHICKEN 26

SHREDDED LETTUCE, DILL PICKLES, BUTTERMILK RANCH, TOASTED BRIOCHE

### NASHVILLE FRIED CHICKEN 26

CORN FLAKE FRIED CHICKEN, NASHVILLE DRY SPICE, COLESLAW, MAPLE CHILI MAYO, DILL PICKLES, TOASTED BRIOCHE

### SMOKED MEAT SANDWICH 26

HOUSE SMOKED MONTREAL BRISKET, DELI MUSTARD, CARAMELIZED ONIONS, TOASTED BRIOCHE

### FRENCH DIP 26

SLOW ROASTED BEEF, BRAISED SHORT RIBS, CARAMELIZED ONIONS, AGED WHITE CHEDDAR, BAGUETTE, BEEF JUS

## (519) SIGNATURES

### EVERYTHING CRUSTED SALMON (GF) 30

ATLANTIC SALMON, BUTTERED LEEK MASH, HONEY MUSTARD AND DILL SAUCE

### ROASTED CHICKEN 33

MTL CHICKEN SPICES, CRISP RUSSET FRIES, SESSIONS COLESLAW, CHALET CHICKEN JUS

### CANADIAN STEAK FRITES (GF) 42

8OZ CHAR GRILLED FLAT IRON, MTL STEAK SPICE, CRISP RUSSET FRIES, POUTINE JUS, CHEDDAR SAUCE

### SHORT RIB CHILI CON CARNE 26

BRAISED BEEF SHORT RIBS, GREEN ONION SOUR CREAM CHEDDAR SERVED WITH GARLIC BREAD

### SMOKED SALMON CARBONARA 25

HICKORY BACON, HOUSE SMOKED SALMON, PECORINO, EGG, LINGUINI

### HR MACARONI AND CHEESE (VEG) 24

CAVATAPPI PASTA, CANADIAN CHEDDAR, CHEESE CURDS, SALTED CORN FLAKE CRUNCH, GARLIC BREAD

## POUTINES

### SESSIONS CLASSIC POUTINE 18

CRISP RUSSET FRIES, CHEESE CURDS, POUTINE JUS

### SMOKED MEAT POUTINE 19

HOUSE SMOKED MONTREAL STYLE BRISKET, CRISP RUSSET FRIES, CHEESE CURDS, POUTINE JUS

### CHILI POUTINE 19

CRISP RUSSET FRIES, BEEF CHILI, GREEN ONION SOUR CREAM, POUTINE JUS

## SIDES

### SESSIONS COLESLAW (VEG | GF) 5

CABBAGE CARROT, GREEN APPLE, HONEY AND MUSTARD DRESSING

### CHEESE FRIES (VEG | GF) 7

CRISP RUSSET FRIES, CANADIAN CHEDDAR SAUCE

### CHARRED BROCCOLI (VEG | GF) 6

BUTTERMILK RANCH, SALTED CORNFLAKES

(V) VEGAN | (VEG) VEGETARIAN | (GF) GLUTEN FREE  
FOR PARTIES OF 6 OR MORE, THERE WILL BE A LARGE PARTY GRATUITY OF 20% ADDED TO THE BILL

# DESSERT

## S'MORES

GRAHAM CRACKER,  
HOMEMADE MARSHMALLOW,  
DARK CHOCOLATE, BLACKBERRIES,  
HICKORY SMOKED WHITE CHOCOLATE SAUCE

10

## DARK CHOCOLATE TART (VEG | V | GF)

BUCKWHEAT AND GANACHE TART, PUMPKIN  
SEED PRALINE, SASKATOON BERRY SAUCE

10

## NEW YORK CHEESECAKE (VEG)

GRAHAM CRACKER CRUST,  
CHERRY VANILLA SAUCE

10

## DOUGHNUTS (VEG)

INSPIRED BY TIMBITS

FROOT LOOP, CORN POP AND FROSTED FLAKE  
CRUSTED DOUGHNUTS, VANILLA GLAZE

10

## TRIO OF SWEET TREATS

BUTTER TART, SEA SALT AND  
BROWN BUTTER RICE KRISPIE SQUARE,  
CORNFLAKE CHOCOLATE CHIP COOKIE

10

## ICE CREAM (VEG | GF)

VANILLA | CHOCOLATE | STRAWBERRY SORBET

8

## COFFEE & TEA

FIRE ROASTED COFFEE 5

FIRE ROASTED DECAF 5

CAPPUCCINO 7

LATTE 7

AMERICANO 7

ESPRESSO 6

DOUBLE ESPRESSO 10

AMERICANO 7

METROPOLITAN TEA 5

(V) VEGAN | (VEG) VEGETARIAN | (GF) GLUTEN FREE

## COCKTAILS

### HOTEL SIGNATURE

#### THREE SISTERS 19

PARADIGM SPIRITS JULIET GIN, AMARO MONTENEGRO, DOMAIN DE CANTON, FRESH ORANGE, GRAPEFRUIT JUICE

### SESSIONS SIGNATURES

#### MANGO CHOW CHOW 20

HABANERO INFUSED CAPTAIN MORGAN RUM, PINEAPPLE RUM, TAMARIND SYRUP, MANGO, FRESH LIME, CILANTRO

#### THYME COLLINS 19

EMPRESS 1908 GIN, CHAMOMILE SYRUP, FRESH LEMON, FRESH THYME, SODA

#### PEAR WITH ME HONEY 20

GREY GOOSE LA POIRE VODKA, ELDERFLOWER, HONEY SYRUP, FRESH LEMON, CARDAMON BITTERS, PEAR

#### LAST CALL 17

CRANBERRY INFUSED BEEFEATER LONDON DRY GIN, APRICOT BRANDY, WHITE CRANBERRY JUICE, FRESH LIME

### FREE OF ALCOHOL, FULL OF SPIRIT

#### MR. JONES 16

SEEDLIP SPICE, PINK GRAPEFRUIT JUICE, SIMPLE SYRUP, LEMON JUICE

#### MRS. OFFICER 16

SEEDLIP SPICE, COCONUT CREAM, HONEY SYRUP, CALAMANSI JUICE

### YOUNG & FUN

(MILKSHAKES)

#### KRISPIE SWIRL 10

RICE KRISPIE INFUSED MILK, FRENCH VANILLA ICE CREAM, RICE KRISPIES, POP ROCKS

### TWISTED & TASTY

#### COSMOJITO 17

KETEL ONE VODKA, TRIPLE SEC, MINT SYRUP, FRESH LIME, CRANBERRY JUICE, FRESH MINT, SODA

#### COCONUT MINT MARGARITA 18

HORNITO'S PLATA TEQUILA, COINTREAU, COCONUT SYRUP, FRESH LIME, FRESH MINT

#### CUCUMBER BASIL SMASH 18

CUCUMBER INFUSED BOMBAY SAPPHIRE GIN, BASIL SYRUP, FRESH LEMON, FRESH BASIL, FRESH CUCUMBER

#### WINTER SANGRIA 18

PINOT GRIGIO, COINTREAU, PEACH SCHNAPPS, CRANBERRY JUICE, FRESH CRANBERRIES, FRESH ORANGES, FRESH ROSEMARY

#### CRÈME BRULEE MARTINI 19

VANILLA AND ESPRESSO BEAN INFUSED ARCHWELL VODKA, VANILLA BEAN CREAM, COFFEE LIQUEUR, VANILLA SYRUP, ESPRESSO

#### LONDON MULE 16

PARADIGM SPIRITS JULIET GIN, POMEGRANATE SYRUP, LEMON JUICE, GINGER BEER

## WINES BY THE GLASS

### WHITE

9oz

HOUSE WHITE BLEND, TWO SISTERS, ONTARIO, CANADA

6oz

13 19

COLLAVANI, PINOT GRIGIO, VENETO, ITALY

13 19

FLAT ROCK, CHARDONNAY, ONTARIO, CANADA

17 25

WHITEHAVEN, SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND

17 25

HENRY OF PELHAM, REISLING, ONTARIO, CANADA

14 21

### ROSE

WHISPERING ANGEL, ROSE, PROVENCE, FRANCE

20 30

### RED

HOUSE RED BLEND, TWO SISTERS, ONTARIO, CANADA

13 19

JACOB'S CREEK, CABERNET SAUVIGNON, BAROSSA, AUSTRALIA

17 25

KIM CRAWFORD, PINOT NOIR, MARLBOROUGH, NEW ZEALAND

21 32

CHATEAU SAINT-GERMAIN, BOURDEAUX, BOURDEAUX, FRANCE

15 22

WOLF BLASS YELLOW LABEL, SHIRAZ, BAROOSA, AUSTRALIA

15 22

### SPARKLING

LATTE MIELE PROSECCO, VENETO, ITALY

5oz

12

MIONETTO, PROSECCO, VENETO, ITALY

16

BOTTEGA VINO DEI POETI BRUT ROSE, VENETO, ITALY

12

### DRAUGHT

POWERHOUSE LIGHT LAGER

16oz

10

POWERHOUSE IPA

10

POWERHOUSE PILSNER

10

POWERHOUSE CREAM ALE

10

POWERHOUSE SEASONAL

12

BUD LIGHT

9

STELLA ARTOIS

13

MICHELOB ULTRA

10

MILL STREET ORGANIC

12

MILL STREET HAZE PHAZE IPA

12

ALEXANDER KEITHS AMBER ALE

10

GUINNESS

13

MAKE IT A BOOZY MILKSHAKE +\$8

# KIDS MENU

## BREAKFAST

SERVED UNTIL 4PM DAILY

### KELLOGG'S CEREAL

(VEG)

SINGLE SERVE BOXES,  
2% MILK, ALMOND  
OR SOY MILK

#### CHOICE OF:

FROOT LOOPS,  
FROSTED FLAKES,  
CORN POPS,  
RICE KRISPIES,  
SPECIAL K,  
CORN FLAKES,  
ALL BRAN

6

### "TIMBITS" (VEG)

INSPIRED BY TIMBITS

FROOT LOOP, CORN POP AND  
FROSTED FLAKE CRUSTED  
DOUGHNUTS, VANILLA GLAZE

10

### TROPICAL FRUIT BOWL

(VEG|GF)

SEASONAL TROPICAL FRUITS, MINT,  
VANILLA BEAN CHIA SEED DIPT

12

### YOGURT PARFAIT

(VEG)

GREEK YOGURT,  
MAPLE GRANOLA,  
SEASONAL PRESERVES,  
LOCAL HONEY AND MINT

6

### FRENCH TOAST SOUFFLE

(VEG)

CUSTARD-SOAKED Brioche,  
Strawberry Jam,  
Whipped Cream

9

### TATER TOT POUTINE

CRISP TATER TOTS,  
SCRAMBLED EGGS,  
CHEESE CURDS,  
POUTINE JUS

9

### CHOCOLATE CHIP PANCAKES

(VEG)

MAPLE SYRUP,  
VANILLA WHIPPED CREAM

12

### MINI SESSIONS SLAM

SCRAMBLED EGG,  
TATER TOTS, BACON,  
THICK CUT TOAST

12

### I DON'T KNOW

(CAESAR SALAD)

ROMAINE, HICKORY BACON,  
HARD COOKED EGG, HOUSE  
DRESSING, CANADIAN PARMESAN,  
CHEDDAR GOLDFISH

12

### I'M NOT HUNGRY

(MACARONI AND CHEESE)

CAVATAPPI PASTA, CANADIAN  
CHEDDAR, CHEESE CURDS,  
SALTED CORNFLAKE CRUNCH,  
SESSIONS GARLIC BREAD

JUST TOMATO SAUCE  
/ JUST BUTTER

12

### MOMMMMM!!!!

(TATER TOT POUTINE)

CRISP TATER TOTS, CHEESE CURDS,  
POUTINE JUS

12

### WHATEVER

(GRILLED CHEESE)

Brioche, Cheddar cheese,  
House Made Fries, Ketchup

11

### I DON'T CARE

(CHEESEBURGER)

BEEF PATTY, CHEDDAR, LETTUCE,  
TOMATO, KETCHUP, TOASTED BUN,  
SERVED WITH CRISP RUSSET FRIES

12

### I DON'T WANT ANYTHING

(CHICKEN SANDWICH)

CORNFLAKE FRIED CHICKEN,  
LETTUCE, RANCH DRESSING,  
TOASTED BUN, SERVED WITH  
HOUSE MADE FRIES

12

### I JUST WANT CHICKEN FINGERS

(CHICKEN FINGERS)

CHICKEN TENDERS, FRIES,  
SWEET & SOUR SAUCE

12

### FINEEE, I'LL GET PIZZA

(PIZZA)

PEPPERONI, MOZZARELLA,  
TOMATO SAUCE  
OR  
CHEDDAR, MOZZARELLA,  
TOMATO SAUCE

12

### DADDDDD!!!!

(CHEESE FRIES)

CRISP FRIES,  
CHEDDAR CHEESE SAUCE

7

### I DON'T WANT THAT

(BROCCOLI)

CHEDDAR CHEESE SAUCE

5



FINISH THE SECOND PART



# Winter FUN

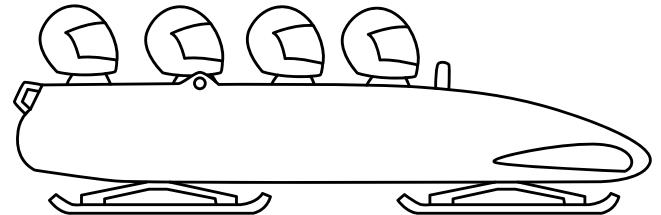
FIND 2 IDENTICAL SNOWFLAKES



CONNECT DOTS BY NUMBERS



DECORATING A BOBSLEIGH SLEIGH



FIND WAY TO THE HOCKEY GOAL

