

SPA

SOUND BODY™ BY HARD ROCK

rock  spa®



RHYTHM & MOTION

Synchronicity	60 Minutes	RM320
	90 Minutes	RM440
Smooth Operator	60 Minutes	RM320
Face The Music	60 Minutes	RM320
Wrap Remix	120 Minutes	RM580

MASSAGE

Hard Rock Massage	60 Minutes	RM295
	90 Minutes	RM375
Traditional Malaysian Massage	60 Minutes	RM295
	90 Minutes	RM375
Rhythm Sticks	90 Minutes	RM375
Hot Rocks	90 Minutes	RM375

MINI MASSAGE

Sole Revival	30 Minutes	RM120
	60 Minutes	RM200
Brief Encounter	30 Minutes	RM150
Heads Up	30 Minutes	RM120
Face It	30 Minutes	RM120

BODY

Overexposed	45 Minutes	RM165*
Ultra Glow	30 Minutes	RM165*
Wrap It Up	30 Minutes	RM165*

BATH	20 Minutes	RM115*
------	------------	--------

*Guests may opt for an indoor or outdoor massage experience.

FACE

Cromo Aroma	65 Minutes	RM255
Cromo Aroma Intensive	75 Minutes	RM380
TerrAKua Face Spa	80 Minutes	RM430
Vitamin C Antioxidant Eye Supreme	80 Minutes	RM480 RM65

FOOT & NAILS

Express Manicure (without nail colouring)	45 Minutes	RM85
Express Pedicure (without nail colouring)	45 Minutes	RM95
Regular Nail Polish	20 Minutes	RM75
Gel Nail Polish	20 Minutes	RM95
Gel Removal	30 Minutes	RM45
Hand Spa	30 Minutes	RM85
Foot Spa	30 Minutes	RM85

BETTER TOGETHER PACKAGES

			Normal Price
Brand New Me	150 Minutes	RM550	RM600
Shine Bright Like A Diamond	210 Minutes	RM755	RM805
Into the Zone	120 Minutes	RM520	RM570
Bed of Roses	110 Minutes	RM525	RM575

*All prices are nett inclusive of Service Tax and prevailing taxes.

KIDS

Tutti Frutti Facial	30 Minutes	RM110
Apple Berries Foot Massage	30 Minutes	RM110
Eenie Meenie Massage	30 Minutes	RM110
Polished Hands and Twinkle Toes	45 Minutes	RM135
The Sweet Shop	120 Minutes	RM305
Mango Tango Body Scrub	30 Minutes	RM110
Chocolate Sundae Body Mask	30 Minutes	RM110
Bubble Bath	20 Minutes	RM55

OPTIONAL

Hot Stone Massage on Calf with Essential Oil	RM50
--	------

*All prices are nett inclusive of Service Tax and prevailing taxes.

This is more than just a spa.

 retune yourself.

This is a different state of being.

An escape. A quest to push reset.

It's a recovery zone. It's a transformative realm of unapologetic indulgence.

Where time takes you back to where you once belonged.



The world's first fully immersive music-centric spa menu utilizing amplified vibrations, pressures and patterns, as the foundation of its treatments.

rhythm & motion.

This groundbreaking experience takes guests on a rhythmic massage journey.

Bass vibrations ripple through the massage table as treble beats come from above, sending pulses through the body and leaves you feeling energized and invigorated.



rhythm & motion

SYNCHRONICITY

Choice of Hard Rock Massage or Traditional Malaysian Massage

Lose track with a musical massage that will make you drift away. A masterfully blended soundtrack takes you on an experiential journey, in sync with a choreographed performance of personalized pressure and rhythm together with a soothing foot scrub. You have yet to experience music like this.

SMOOTH OPERATOR

We retune your skin and rock your soul with a two-part treatment removing impurities and encouraging it to absorb new nourishing elements. We start with a rhythmical dry brushing, a ritual that softly removes rough skin and followed by a soothing detoxifying wrap, to release toxins, whilst stimulating a hydrating and smoothing effect - wrapping it up in an enjoyable musical experience.

FACE THE MUSIC

Aromatherapy Facial

This sensorial journey of music will take you away to somewhere new. Our signature facial is a customised treatment that combines active ingredients, vitamin C, natural fruit acids, and a wide variety of potent extracts and coenzymes to brighten skin, noticeably improve tone and texture, combat oil and breakouts, and minimize the appearance of fine lines and wrinkles, leaving skin noticeably radiant, hydrated and glowing. Various massage techniques include Ayurveda marma facial points stimulation and hand massage blended with the rhythm of music.

WRAP REMIX

The Wrap Remix is a combination of the 'Smooth Operator' and 'Synchronicity'. Starting with dry brushing to stimulate the lymphatic system and increase circulation, body scrub to slough away dry skin, which ends with facial detox mask. A completely new spa experience that you have yet to experience.



 massage

massage

HARD ROCK MASSAGE

Feel totally revved and ready to rock after our signature massage. A fusion of global massage styles including soothing ear reflexology, to get the blood pumping, purge impurities and deliver you with a renewed state of mind.

TRADITIONAL MALAYSIAN MASSAGE

Turn back the hands of time and experience the ancient healing techniques of Malaysia. Utilizing flowing strokes, palm and thumb pressure to lull you into a wonderful state of tranquility. Guaranteed to put the groove back in your step.

RHYTHM STICKS

Misbehaving muscles beware! This massage uses bamboo rods of various sizes to eliminate knots and built up tension. Rhythm Sticks combines the traditional benefits of massage and comforting heat through warmed oils. The perfect treat after a big night.

HOT ROCKS

The heat of the earth and delicate touch ensure this much-loved massage leaves you floating. Your therapist alternates between hot volcanic stones and nurturing hands in flowing strokes across the body; stones are then strategically placed on energy points to penetrate deep within.

mini massage

SOLE REVIVAL

Not your standard foot massage. At Rock Spa® we deliver bliss to your feet through dedicated zone therapy incorporated with bamboo rod techniques and heated compresses. Get your dancing shoes ready.

BRIEF ENCOUNTER

If you are strapped for time, a little indulgence is better than none at all. Designed to de-stress taut, tired shoulders and backs. This treatment may be short but it packs a powerful dose of healing energy.



 body

body & bath

OVEREXPOSED

When your tropical tan has you looking more blistering than blissful, we have the perfect solution. Soothing lavender is applied to the body and wrapped to reduce heat and redness, followed by a nourishing lotion application. This treatment is comforting and refreshing, perfect to cool you down on a hot day.

ULTRA GLOW

This body scrub is a great way to exfoliate dead skin cells. It paves the way for fresh new cells to regenerate, leaving you looking fresh and feeling fabulous.

WRAP IT UP

Complete your spa pampering session with our combination of Cocoa, Coconut Milk, and Coffee body wrap. It provides soothing nourishment with anti-oxidants, rich sources of vitamins and minerals to the skin whilst delighting the senses.

BATH

Flower / Herbal / Green Tea / Milk





 face

face

CROMO AROMA

This facial is dedicated to achieving a harmonious balance, leaving your skin de-stressed, toned, nourished, and energised. Our tailored experience includes gentle cleansing, exfoliation, and a personalised treatment mask enhanced by the soothing effects of colour therapy. Revitalise your skin with the holistic approach of Cromo Aroma.

CROMO AROMA INTENSIVE

Elevate your senses and take your skin on a serene journey with Cromo Aroma Intensive. Crafted to enhance mental tranquillity, this facial features a unique blend of essential oils tailored to your skin type. Experience the perfect fusion of targeted cleansing, gentle exfoliation and an individualised treatment mask for a comprehensive and blissful skincare ritual.

VITAMIN C ANTIOXIDANT

This six-step facial harnesses the power of Vitamin A, B, E, F, and Niacinamide to strengthen your skin's resilience against ageing. Revel in the promise of a radiant, glowing complexion as you unveil a revitalised appearance. Let this transformative antioxidant-rich treatment be your secret to radiant and age-defying skin on your vacation.

TERRAKUA FACE SPA

Embark on an unparalleled sensorial journey as you immerse yourself in a ritual characterised by holistic techniques, featuring the use of earthenware tools that create a harmonious blend of hot and/ or cold actions. This synergistic approach relaxes your tension points, stimulates energetic meridians, and promotes optimal microcirculation and skin oxygenation, leaving your skin regenerated, soft, and irresistibly smooth.

EYE SUPREME

Eye treatment that lightens the appearance of wrinkles, puffiness and dark eye circles.

Additional treatment options with charges apply:

- Include an eye treatment to go with your choice of facial therapy.
- Add serum treatment for an additional boost of moisturizing ingredients directly onto your skin.



 foot & nails

foot & nails

EXPRESS MANICURE (without nail colouring)

A quick fix to your fingernails that includes cleansing, shaping and hand care.

EXPRESS PEDICURE (without nail colouring)

Get a polished shine that gives a healthy and clean look to your toenails.

ADD ON:

REGULAR NAIL POLISH

GEL NAIL POLISH

GEL REMOVAL

HAND SPA

Treat yourself to a luxurious hand scrub and hand mask.

FOOT SPA

Pamper your feet to a relaxing foot scrub and foot mask.





 better together packages



better together packages

BRAND NEW ME

Foot Cleanse | Sole Revival | Traditional Malaysian Massage
| Green Tea Bath Soak

SHINE BRIGHT LIKE A DIAMOND

Foot Cleanse | Hard Rock Massage | Ultra Glow | Mini Facial
| Express Manicure and Pedicure

INTO THE ZONE

Foot Cleanse | Synchronicity Massage | Mini Facial | Foot Spa

BED OF ROSES

Foot Cleanse | Hard Rock Massage | Ultra Glow | Flower Bath



kids

(5 to 12 years old)

TUTTI FRUTTI FACIAL

Get seriously spoiled with this yummy fruit facial. We'll have you licking your lips, with good enough to eat ingredients that will leave your skin super soft and glowing.

APPLE BERRIES FOOT MASSAGE

Who doesn't love a foot rub? This yummy lotion is not to be missed after a hard day of play.

POLISHED HANDS AND TWINKLE TOES

For all junior fashionistas, funky fingers and fabulous toes - now that's HOT. For the boys, nothing says chic like clean, buffed fingers and toes.

THE SWEET SHOP

The whole kit and caboodle for the little one. Spend a morning or afternoon at the Spa with our top to toe spa treatments - Facial, Manicure, Pedicure and a mini Foot Massage.

EENIE MEENIE MASSAGE

MANGO TANGO BODY SCRUB

CHOCOLATE SUNDAE BODY MASK

BUBBLE BATH





Choose your Om in your own space, at your own time.

Experience Rock Om® around the hotel property or in the comfort of your room with three distinct, on-demand yoga videos available on your TV, on channel Free Movies – Rock Om or on your personal device at hardrock.com.

Call Rock Spa for Yoga mats to be delivered to your room, complimentary for in-house guests.

Scan for yoga videos:



rock  om®



how to rock spa

ETIQUETTE

We invite you to join us at Rock Spa® at least 15 minutes before your scheduled appointment, providing you with sufficient time to change.

All therapists are skilled in proper draping procedures to ensure your complete comfort and privacy. However, you may choose to wear undergarments during treatments.

If at any point a therapist feels a guest is behaving inappropriately, he or she is authorized to stop the treatment immediately.

We ask that you do not bring cell phones, jewelry or valuables into Rock Spa®.



Gift vouchers can be purchased at the Rock Spa® reception.

RESERVATIONS

For maximum convenience and flexibility, we recommend you schedule your spa sessions in advance. Children under the age of 12 must schedule spa appointments with a parent or guardian who must be present during the treatment.

CANCELLATIONS

Spa services are reserved specially for you. Hence, we ask that you provide us 4 hours advance notice should you need to change or cancel your appointment. Late cancellations or no-shows will be charged at 50% of the treatment price.

HEALTH CONSIDERATION

Kindly highlight any health conditions you may have when making your spa reservations such as pregnancy, high or low blood pressure, heart conditions, skin diseases, allergies or injuries which may affect your treatment.

APPOINTMENTS

In the event where you are late for your appointments, you may choose to receive your treatment for the remaining time booked or reschedule an alternative treatment slot based on availability. The full price will be charged nonetheless.

Rock Spa® at Hard Rock Hotel

Atlantic City, Bali, Biloxi, Cancun, Dalian, Davos, Daytona Beach,
Desaru Coast, Goa, Guadalajara, Hollywood - FL, Ibiza, Los Cabos,
Maldives, Marbella, Pattaya, Penang, Punta Cana, Riviera Maya,
San Diego, Tenerife, Vallarta



HARDROCKHOTELS.COM