



TENERIFE

Last update: 11-02-2025

Hard Rock Hotel Tenerife



CATEGORY	5*
ADDRESS	Avenida Adeje 300, S/n 38678 Playa Paraíso, Adeje, Tenerife, España
TELEPHONE	+34 922 741 700
E-MAIL	Info@hrhtenerife.com
WEB	Hardrockhotels.com/tenerife/
BUILT	1979
LAST REFURBISHED	2016
TYPE OF HOTEL	Holiday Resort, Events and Conferences, Family friendly , Lifestyle.
BOARD BASIS	Bed & Breakfast,Half board,All Inclusive.
MEMBER OF	



RECEPTION SERVICES

24-hour service	Check-in: 3 pm	Check-Out: 12pm
Languages spoken:	Card payment:	Day pass*
Early Check In***	Late check out***	Upgrade***
Currency exchange	Courtesy shower	Customer Service
Babysitter***	Wake-up call	Porter
Bellboys		

Observations: *Extra charge **On request ***Extra charge & On request.



SERVICES

Fire alarm	IPad Internet Connection	Room Service 24h*
Waiter service in the pool	Car rental***	Pool towel
Medical service*	Pet Friendly Dogs Max 2 Per Room Up To 10 Kg Each*	Free Wi-Fi
Laundry service*	24-hour security	Parking*
Info Tours	Shuttle service***	Digital press
Bali Beds***	Charger for electric vehicles	

Observations: *Extra charge **On request ***Extra charge & On request.
Indoor and guarded parking*



HOTEL FACILITIES

Num. rooms 624	Buildings 2	Lobbies 1
Lifts: 12	Area: 37000	Swimming pools: 4
Bars: 5	A la carte Rest.: 5	Miniclub /Babyclub /TeenClub
Sporting facilities	Conference rooms 7	Rock Shop®
Body Rock®	Rock Spa®*	Jewelry
Hairdresser***	Concert area	Sports facilities
Rock Royalty Lounge		



ACCESS

Airport km: 25/90
Taxi min: 25/75
Approx price €: 60/120



DISABLED

Accessible rooms: 16
Level access: Yes
Pool Access: Yes



BEACH

Beach Access: Direct
Sand color: Dark



B. CENTER

Banquet: 7
Total Area m2: 546
Max Capacity: 500



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Observations: Airport Tenerife Sur



BARS AND RESTAURANTS

Name	Opening hours	Reservation	Dress code	Location
Show cooking Restaurants				
Sessions	Breakfast: 07:30am-10:30am Summer: 08:00am-11:00am Winter: 07:30am-10:30am	-	-	Lobby
Sessions	Dinner : 06:30pm-09:30pm Summer: 07:00pm-10:00pm Winter: 06:30pm-09:30pm	-	-	
Sessions	Lunch : 01:00pm-03:00pm	-	-	Lobby
A la carte Restaurants				
3Rd Half-Sports Bar	06:00pm-11:00pm	✓	-	Nirvana Level -1
Suena Chido (Mexican Cuisine)	Summer: 06:30pm-10:00pm Winter: 06:00pm-10:00pm	✓	✓	Nirvana Level -1
Montauk (Steak House)	Summer: 06:30pm-10:00pm Winter: 06:00pm-10:00pm	✓	✓	Nirvana Level -1
Narumi (Asian Cuisine)	Summer: 06:30pm-10:00pm Winter: 06:00pm-10:00pm	✓	✓	Nirvana Level -2
The Beach Club	Lunch : 12:30pm-04:30pm	✓	-	Lagoon Pool
Lobby bars				
Utc	06:30pm-01:00am	-	✓	Lobby
Constant Grind	Summer: 11:00am-07:00pm Winter: 11:00am-06:30pm	-	-	Lobby
Pool bars				
Splash	Lunch : 12:00pm-05:00pm Summer: 10:00am-07:00pm Winter: 10:00am-06:00pm	-	-	Splash Pool
Eden	Summer: 10:00am-07:00pm Winter: 10:00am-06:00pm	-	-	Eden Pool
Lagoon	Summer: 10:00am-07:00pm Winter: 10:00am-06:00pm	-	-	Lagoon Pool
Restaurant -Gastronomic Performance-				
Le Petit Chef	Dinner : 08:00pm-10:30pm	✓	✓	Nirvana Level -1
Lounge Bar				
The 16Th	Summer: 06:00pm-01:00am Winter: 05:30pm-01:00am	-	✓	Nirvana Level 16

Observations: Dress code for gentlemen, shirts or T-shirts with sleeves and long pants or formal bermuda are required in all a la carte restaurants.

ROOMS

TOTAL:624	Deluxe Silver	Deluxe Gold	Deluxe Platinum	Amplified Deluxe Room	Studio Suite Silver	Studio Suite Gold	Studio Suite Platinum	Amplified Studio Suite	Rock Suite Gold	Amplified Rock Suite	Rock Suite Diamond	Rock Suite Platinum	Rock Royalty Deluxe	Rock Royalty Studio Suite	Rock Royalty Suite	Rock Star Suite
Number of rooms	118	213	20	2	69	95	8	3	9	1	12	18	11	36	8	1
m ²	35	35	35	35	50	50	50	50	70	70	70	80	35	50	70	154
2 single beds	✓	✓	-	-	✓	✓	-	✓	-	-	-	-	✓	✓	✓	✓
King size bed	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Memory foam mattress	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Shower with dual rain sensor	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Whirlpool bathtub	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
Hydromassage bath on terrace	-	-	-	✓	-	-	-	✓	-	✓	-	-	-	-	-	-
Double sink	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
separate toilet.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second toilet	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓
Sofa Bed	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	-
Single Sofa bed	✓	✓	✓	✓	-	-	-	-	-	-	-	-	✓	-	-	-
Separate living room	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓
Combined bedroom and living room	-	-	-	-	✓	✓	✓	✓	-	-	-	-	-	✓	-	-



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TOTAL:624

	Deluxe Silver	Deluxe Gold	Deluxe Platinum	Amplified Deluxe Room	Studio Suite Silver	Studio Suite Gold	Studio Suite Platinum	Amplified Studio Suite	Rock Suite Gold	Amplified Rock Suite	Rock Suite Diamond	Rock Suite Platinum	Rocky Deluxe	Rock Royalty Studio Suite	Rock Royalty Suite	Rock Star Suite
Balcony or terrace	✓	✓	✓	-	✓	✓	✓	-	✓	-	✓	✓	✓	✓	✓	✓
Terrace with hammock and furniture	-	-	-	✓	-	-	-	✓	-	✓	-	-	-	-	-	-
Bathrobe and slippers	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Exclusive bathrobe	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Fridge	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Minibar***	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Maxibar*	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Radio / alarm clock / iPod dock	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
USB-Charger	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
USB charger	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Flat-screen TV 43"	✓	✓	✓	✓	✓	✓	✓	✓	-	-	-	-	✓	-	-	-
Flat-screen TV 49"	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	✓	✓	-
Flat-screen TV 60"	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Flat-screen TV in the living room	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓
Electronic safe	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Iron and ironing board	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tea and coffee-making facilities	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nespresso coffee maker	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓
Premium coffee selection	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓
Bathroom amenities Rock Spa®	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hair dryer	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pillow menu*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-
Pillow menu	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Wake-up call	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Walk in closet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Rooms for disabled guests	✓	✓	-	-	-	-	-	-	-	-	-	-	-	-	-	-
VIP-Services	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Reading area	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓
Desk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chill out area	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Wi-fi broadband	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Magnifying mirror	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Full length mirror	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aromatherapy ***	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Pool towels	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Turn-down service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Turn-down service*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	-	-	-
Cordless phone	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wine cellar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Video game console	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓
Private check in service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Butler service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Digital press	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Air conditioning	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heating	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sound proof	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Black out curtains	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Crib**	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rock Royalty Levelf	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Rock Royalty Lounge	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Room Service*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Breakfast private area	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Personal Concierge Service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Airport shuttle service**	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Rock Royalty Personal Assistant 24h	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Ironing Service (max. 2 pieces per person)	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓



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Whirlpool preparation ***	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
Free access to Rock Spa®	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Preferential booking for Picks© & Wax©	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Preferential Balinese beds**	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Check-out Service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Sleeping mask	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Nightly amenity	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Free parking	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓

Observations: *Extra charge **On request ***On request and extra charge
 \r\nRock Royalty Level: 1 free access to the Rock Spa circuit per room, per stay.

POOLS

Name	Type	Area m2	Opening hours	Depth cm	Location
Eden	Adults	334	Winter: 10:00am-06:00pm Summer: 10:00am-07:00pm	140	Nirvana
Splash	Family	373	Winter: 10:00am-06:00pm Summer: 10:00am-07:00pm	140	Oasis
Seawater Lagoon	Family	1422	Winter: 10:00am-06:00pm Summer: 10:00am-07:00pm	140	Beach Club
Kids Pool	Children	82	Winter: 10:00am-06:00pm Summer: 10:00am-07:00pm	35	Oasis

KIDSClub

	Lullaby***	Roxity®	Teen Spirit
Age	6m-3y	4-11	+ 11
Schedule	11:00am-07:00pm	11:00am-07:00pm	11:00am-07:00pm
Location	Oasis	Oasis	Oasis

Observations: ***Lullaby: Maximum 2 hours per day, subject to availability with prior reservation and an extra charge of €15 per hour

ENTERTAINMENT

Activities	Sport	Facilities
Aerobic	Billiards*	Ping-pong
Various Games	Yoga	Basketball
Pilates	Zumba	Football
Crafts	Children's Entertainment	Aqua-Gym
Night shows	Diurnal animation	Ping-Pong
Live Music		Multi-purpose courts 1 Minigolf
		Area Concerts

Observations: HIIT (High Intensity Interval Training), LAB (Legs, Abs, Butt) and Stretching weekly activities included.
 *Extra charge

ROCK SPA®

Fitness	Facilities	Services Spa
Body Rock®	Jacuzzi	Massage
Dressing room	Hamman	Body treatments
	Heated loungers	Make-up
	Cold pool	Hairdresser
	Sensorial shower	Beauty
	Relax room	Facial treatments
	Wet sauna	Brides room
	Snow cave	Manicure
	Thermoludic pool	Pedicure
	Sauna	

Observations: Advance booking of Rock Spa services and activities is recommended.

GDS CODES

Amadeus: Gd-Tfs267	Sabre: Gd-313493	Galileo-Apollo: Gd-
Wordspan: Gd-12267		



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ROCK ROYALTY

Frontdesk 08:00am-12:00pm

Butler 11:00am-07:00pm

Breakfast lounge 08:00am-11:00am

Afternoon Tea Lounge
04:00pm-06:00pm

07:00pm-10:00pm

Access to Thermal Circuit Rock Spa
(1 per person and stay)

computer available

Observations: Up on the 12th, 13th, 14th and 15th floors of the Nirvana Tower, the rooms and suites in the Rock Royalty® category offer exclusive features like concierge service and a VIP reception desk, among other luxury services, as well as access to a spectacular 100 m2 lounge with views overlooking the Atlantic Ocean, only available for members of Rock Royalty®.

- LEVEL 36 NIVEL 36**
- 1 The St. George's The Clubhouse
- LEVEL 35 NIVEL 35**
- 2 Nirvana Rock Royalty® Lounge
- 3 Nirvana Rock Royalty® Lounge
- LEVEL 33 NIVEL 33**
- 4 Nirvana Rock Royalty® Reception
- 5 Reception Nirvana Rock Royalty®
- LEVEL 3 NIVEL 3**
- 6 Teen Spirit Teen Spirit
- 7 Playground Parque Infantil
- 8 Hard Rock Realty Kids Club®
- 9 Kids Rock Realty Kids Club®
- 10 Sports Area Pista de Deportes
- 11 MiniGolf MiniGolf
- 12 Splash Kids Rock Pista de Splash Kids
- LEVEL 8 NIVEL 8**
- 13 UVC Lobby Bar UVC Lobby Bar
- 14 Book Shop Book Shop
- 15 Concession Stand Concession Stand
- 16 Concession Stand Concession Stand
- 17 Convention Center Centro de Convenciones
- 18 Lobby Zona Comunes
- 19 Splash Pool and Pool Bar Piscina Splash y Pool Bar
- 20 Sandstone Sandstone
- 21 @Nirvana Center @Nirvana Centro de Negocios
- LEVEL 4 NIVEL 4**
- 22 Splash Sport Bar Splash Sport Bar
- 23 Capitanerie Capitanerie
- 24 MiniMarket MiniMarket
- 25 MiniMarket MiniMarket
- 26 Beach Tennis
- LEVEL 2 NIVEL 2**
- 27 Ocean Pool and Pool Bar Piscina Océano y Bar Océano
- 28 Relaxation Restaurant Restaurante Relaxante
- 29 Beach Club Beach Club
- 30 The Rock Spa® The Rock Spa®
- 31 Body Rock® Body Rock®
- AREAS ZONAS**
- 32 Nirvana Nirvana
- 33 Kids Club Kids Club
- 34 Main entrance Acceso principal
- 35 Pool Pool
- 36 Sports Area Pista de Deportes
- 37 MiniGolf MiniGolf
- 38 Garden Zona Verde
- 39 Walkway Camarero



TOWERS
TORRES

THE BEACH CLUB

AT HARD ROCK HOTEL TENERIFE

Dive into the exquisite authentic eco-friendly and healthy gastronomy, while taking in the splendid ocean views. Whether you are enjoying a cocktail or live music, the Beach Club is the perfect place to relax just a few steps from the sea.

Sumérgete en su exquisita gastronomía eco-saludable mientras disfrutas de unas espléndidas vistas del océano. Tanto si quieres disfrutar de un cóctel como de música en vivo, el Beach Club es el lugar donde relajarte junto al mar.

LEGEND LEYENDA

- VIP Zone Zona VIP 1
- Main Stage Main Stage 2
- Lagoon Lagoon 3
- The Beach Club at Hard Rock Hotel Tenerife 4
- Restaurants The Beach Club at Hard Rock Tenerife
- Bar Bar 5
- Main Entrance Entrada Principal 6
- Bridge Puente 7
- Snack Bar 8
- Snack Bar 9
- Kayak Shop 10

AREAS ZONAS

- Restaurants Restaurantes 1
- Bridge Puente 2
- Pool Piscinas 3
- Garden Zona Verde 4
- Walkway Camarero 5



GENERAL MAP OF HOTEL PLANO GENERAL DEL HOTEL

