



Last update: 27-03-2025



## Hard Rock Hotel Tenerife

<b>CATEGORY</b>	5*
<b>ADDRESS</b>	Avenida Adeje 300, S/n 38678 Playa Paraíso, Adeje, Tenerife, España
<b>TELEPHONE</b>	+34 922 741 700
<b>E-MAIL</b>	Info@hrhtenerife.com
<b>WEB</b>	Hardrockhotels.com/tenerife/
<b>BUILT</b>	1979
<b>LAST REFURBISHED</b>	2016
<b>TYPE OF HOTEL</b>	Holiday Resort, Events and Conferences, Family friendly , Lifestyle.
<b>BOARD BASIS</b>	Bed & Breakfast,Half board,All Inclusive.
<b>MEMBER OF</b>	

### RECEPTION SERVICES

24-hour service	Check-in: 3 pm	Check-Out: 12pm
Languages spoken:	Card payment:	Day pass*
Early Check In***	Late check out***	Upgrade***
Currency exchange	Courtesy shower	Customer Service
Babysitter***	Wake-up call	Porter
Bellboys		

**Observations:** \*Extra charge \*\*On request \*\*\*Extra charge & On request.

### SERVICES

Fire alarm	iPad Internet Connection	Room Service 24h*
Waiter service in the pool	Car rental***	Pool towel
Medical service*	Pet Friendly Dogs Max 2 Per Room Up To 10 Kg Each*	Free Wi-Fi
Laundry service*	24-hour security	Parking*
Info Tours	Shuttle service***	Digital press
Bali Beds***	Charger for electric vehicles	

**Observations:** \*Extra charge \*\*On request \*\*\*Extra charge & On request.  
Indoor and guarded parking\*

### HOTEL FACILITIES

Area 37000	Lobbies 1	Buildings 2
Lifts 12	Swimming pools 4	Miniclub /Babyclub /TeenClub
Conference rooms 7	Rock Spa®*	Rock Shop®
Body Rock®	A la carte Rest.: 5	Jewelry
Bars: 5	Hairdresser***	Num. rooms 624
Sporting facilities	Concert area	Sports facilities
Rock Royalty Lounge		

#### ACCESS

Airport km: 25/90
Taxi min: 25/75
Approx price €: 60/120

#### DISABLED

Accessible rooms: 16
Level access: Yes
Pool Access: Yes

#### BEACH

Beach Access: Direct
Sand color: Dark

#### B. CENTER

Banquet: 7
Total Area m2: 546
Max Capacity: 500



Observations: Airport Tenerife Sur

### BARS AND RESTAURANTS

Name	Opening hours	Reservation	Dress code	Location
<b>Show cooking Restaurants</b>				
Sessions	<b>Breakfast:</b> 07:30am-10:30am <b>Summer:</b> 08:00am-11:00am <b>Winter:</b> 07:30am-10:30am <b>Dinner :</b> 06:30pm-09:30pm <b>Summer:</b> 07:00pm-10:00pm <b>Winter:</b> 06:30pm-09:30pm <b>Lunch :</b> 01:00pm-03:00pm	-	-	Lobby
Sessions		-	-	Lobby
<b>A la carte Restaurants</b>				
3Rd Half-Sports Bar	06:00pm-11:00pm	✓	-	Nirvana Level -1
Suena Chido (Mexican Cuisine)	<b>Summer:</b> 06:30pm-10:00pm <b>Winter:</b> 06:00pm-10:00pm	✓	✓	Nirvana Level -1
Montauk (Steak House)	<b>Summer:</b> 06:30pm-10:00pm <b>Winter:</b> 06:00pm-10:00pm	✓	✓	Nirvana Level -1
Narumi (Asian Cuisine)	<b>Summer:</b> 06:30pm-10:00pm <b>Winter:</b> 06:00pm-10:00pm	✓	✓	Nirvana Level -2
The Beach Club	<b>Lunch :</b> 12:30pm-04:30pm	✓	-	Lagoon Pool
<b>Lobby bars</b>				
Utc	06:30pm-01:00am	-	✓	Lobby
Constant Grind	<b>Summer:</b> 11:00am-07:00pm <b>Winter:</b> 11:00am-06:30pm	-	-	Lobby
<b>Pool bars</b>				
Splash	<b>Lunch :</b> 12:00pm-05:00pm <b>Summer:</b> 10:00am-07:00pm <b>Winter:</b> 10:00am-06:00pm	-	-	Splash Pool
Eden	<b>Summer:</b> 10:00am-07:00pm <b>Winter:</b> 10:00am-06:00pm	-	-	Eden Pool
Lagoon	<b>Summer:</b> 10:00am-07:00pm <b>Winter:</b> 10:00am-06:00pm	-	-	Lagoon Pool
<b>Restaurant -Gastronomic Performance-</b>				
Le Petit Chef	<b>Dinner :</b> 08:00pm-10:30pm	✓	✓	Nirvana Level -1
<b>Lounge Bar</b>				
The 16Th	<b>Summer:</b> 06:00pm-01:00am <b>Winter:</b> 05:30pm-01:00am	-	✓	Nirvana Level 16

Observations: Dress code for gentlemen, shirts or T-shirts with sleeves and long pants or formal bermuda are required in all a la carte restaurants.

### ROOMS

TOTAL:624	Deluxe Silver	Deluxe Gold	Deluxe Platinum	Amplified Deluxe Room	Studio Suite Silver	Studio Suite Gold	Studio Suite Platinum	Amplified Studio Suite	Rock Suite Gold	Amplified Rock Suite	Rock Suite Diamond	Rock Suite Platinum	Rock Suite Deluxe	Rock Royalty Studio Suite	Rock Royalty Suite	Rock Star Suite
Number of rooms	118	213	20	2	69	95	8	3	9	1	12	18	11	36	8	1
m <sup>2</sup>	35	35	35	35	50	50	50	50	70	70	70	80	35	50	70	154
Memory foam mattress	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2 single beds	✓	✓	-	-	✓	✓	-	✓	-	-	-	-	✓	✓	✓	✓
King size bed	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Shower with dual rain sensor	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Whirlpool bathtub	-	-	-	✓	-	-	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
Hydromassage bath on terrace	-	-	-	✓	-	-	✓	-	✓	-	-	-	-	-	-	-
Double sink	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
separate toilet.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second toilet	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓
Sofa Bed	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	-
Single Sofa bed	✓	✓	✓	✓	-	-	-	-	-	-	-	-	✓	-	-	-
Separate living room	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	✓	✓



**TOTAL:624**

Combined bedroom and living room  
 Balcony or terrace  
 Terrace with hammock and furniture  
 Bathrobe and slippers  
 Exclusive bathrobe  
 Fridge  
 Minibar\*\*\*  
 Maxibar\*  
 Radio / alarm clock / iPod dock  
 USB-Charger  
 USB charger  
 Flat-screen TV 43"  
 Flat-screen TV 49"  
 Flat-screen TV 60"  
 Flat-screen TV in the living room  
 Electronic safe  
 Iron and ironing board  
 Tea and coffee-making facilities  
 Nespresso coffee maker  
 Premium coffee selection  
 Bathroom amenities Rock Spa®  
 Hair dryer  
 Pillow menu\*  
 Pillow menu  
 Wake-up call  
 Walk in closet  
 Rooms for disabled guests  
 VIP-Services  
 Reading area  
 Desk  
 Chill out area  
 Wi-fi broadband  
 Magnifying mirror  
 Full length mirror  
 Aromatherapy \*\*\*  
 Pool towels  
 Turn-down service  
 Turn-down service\*  
 Cordless phone  
 Wine cellar  
 Video game console  
 Private check in service  
 Butler service  
 Digital press  
 Air conditioning  
 Heating  
 Sound proof  
 Black-out curtains  
 Crib\*\*  
 Rock Royalty Levelf  
 Rock Royalty Lounge  
 Room Service\*  
 Breakfast private area  
 Personal Concierge Service  
 Airport shuttle service\*\*  
 Rock Royalty Personal Assistant 24h

	Deluxe Silver	Deluxe Gold	Deluxe Platinum	Amplified Deluxe Room	Studio Suite Silver	Studio Suite Gold	Studio Suite Platinum	Amplified Studio Suite	Rock Suite Gold	Amplified Rock Suite	Rock Suite Diamond	Rock Suite Platinum	Rock Suite Deluxe	Rock Royalty Studio Suite	Rock Royalty Suite	Rock Star Suite
Combined bedroom and living room	-	-	-	-	✓	✓	✓	✓	-	-	-	-	-	✓	-	-
Balcony or terrace	✓	✓	✓	-	✓	✓	✓	-	✓	-	✓	✓	✓	✓	✓	✓
Terrace with hammock and furniture	-	-	-	✓	-	-	-	✓	-	✓	-	-	-	-	-	-
Bathrobe and slippers	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Exclusive bathrobe	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Fridge	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Minibar***	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Maxibar*	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Radio / alarm clock / iPod dock	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
USB-Charger	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
USB charger	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Flat-screen TV 43"	✓	✓	✓	✓	✓	✓	✓	✓	-	-	-	-	✓	-	-	-
Flat-screen TV 49"	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	✓	✓	-
Flat-screen TV 60"	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Flat-screen TV in the living room	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	-	-	✓
Electronic safe	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Iron and ironing board	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tea and coffee-making facilities	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nespresso coffee maker	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓
Premium coffee selection	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓
Bathroom amenities Rock Spa®	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hair dryer	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pillow menu*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-
Pillow menu	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Wake-up call	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Walk in closet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Rooms for disabled guests	✓	✓	-	-	-	-	-	-	-	-	-	-	-	-	-	-
VIP-Services	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Reading area	-	-	-	-	-	-	-	-	✓	✓	✓	✓	-	✓	✓	✓
Desk	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chill out area	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Wi-fi broadband	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Magnifying mirror	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Full length mirror	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aromatherapy ***	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Pool towels	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Turn-down service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Turn-down service*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-	-	-	-
Cordless phone	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wine cellar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Video game console	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓	✓	✓
Private check in service	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Butler service	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Digital press	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Air conditioning	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Heating	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Sound proof	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Black-out curtains	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Crib**	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rock Royalty Levelf	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Rock Royalty Lounge	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Room Service*	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Breakfast private area	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Personal Concierge Service	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓
Airport shuttle service**	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Rock Royalty Personal Assistant 24h	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓	✓



<b>TOTAL:624</b>	Deluxe Silver	Deluxe Gold	Deluxe Platinum	Amplified Deluxe Room	Studio Suite Silver	Studio Suite Gold	Studio Suite Platinum	Amplified Studio Suite	Rock Suite Gold	Amplified Rock Suite	Rock Suite Diamond	Rock Suite Platinum	Rock Suite Deluxe	Rock Royalty Studio Suite	Rock Royalty Suite	Rock Star Suite
Ironing Service (max. 2 pieces per person)	-	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓
Whirlpool preparation ***	-	-	-	-	✓	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
Free access to Rock Spa®	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Preferential booking for Picks© & Wax©	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Preferential Balinese beds**	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Check-out Service	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Sleeping mask	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Nightly amenity	-	-	-	-	-	-	-	-	-	-	-	-	✓	✓	✓	✓
Free parking	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	✓

**Observations:** \*Extra charge \*\*On request \*\*\*On request and extra charge  
In Rock Royalty Level: 1 free access to the Rock Spa circuit per room, per stay.

### POOLS

Name	Type	Opening hours	Area m2	Depth cm	Location
<b>Eden</b>	Adults	<b>Winter:</b> 10:00am-06:00pm <b>Summer:</b> 10:00am-07:00pm	334	140	Nirvana
<b>Splash</b>	Family	<b>Winter:</b> 10:00am-06:00pm <b>Summer:</b> 10:00am-07:00pm	373	140	Oasis
<b>Seawater Lagoon</b>	Family	<b>Winter:</b> 10:00am-06:00pm <b>Summer:</b> 10:00am-07:00pm	1422	140	Beach Club
<b>Kids Pool</b>	Children	<b>Winter:</b> 10:00am-06:00pm <b>Summer:</b> 10:00am-07:00pm	82	35	Oasis

### KIDSCLUB

<b>Lullaby***</b>	<b>Roxity®</b>	<b>Teen Spirit</b>
<b>Age</b> 6m-3y	4-11	+ 11
<b>Schedule</b> 11:00am-07:00pm	11:00am-07:00pm	11:00am-07:00pm
<b>Location</b> Oasis	Oasis	Oasis

**Observations:** \*\*\*Lullaby: Maximum 2 hours per day, subject to availability with prior reservation and an extra charge of €15 per hour

### ENTERTAINMENT

Activities	Sport	Facilities
Aerobic	Billiards*	Ping-pong
Various Games	Yoga	Football
Pilates	Zumba	Ping-Pong
Crafts	Children's Entertainment	
Night shows	Diurnal animation	
Live Music		

**Observations:** HIIT (High Intensity Interval Training), LAB (Legs, Abs, Butt) and Stretching weekly activities included.

\*Extra charge

### ROCK SPA®

Fitness	Facilities	Services Spa
Body Rock®	Dressing room	Jacuzzi
		Heated loungers
		Sensorial shower
		Wet sauna
		Thermoludic pool
		Hamman
		Cold pool
		Relax room
		Snow cave
		Sauna
		Massage
		Make-up
		Beauty
		Brides room
		Pedicure
		Body treatments
		Hairdresser
		Facial treatments
		Manicure

**Observations:** Advance booking of Rock Spa services and activities is recommended.

### GDS CODES

Amadeus: Gd-Tfs267      Sabre: Gd-313493      Galileo-Apollo: Gd-



## GDS CODES

Wordspan: Gd-12267



### ROCK ROYALTY

Frontdesk 08:00am-12:00pm

Breakfast lounge 08:00am-11:00am

Afternoon Tea Lounge  
04:00pm-06:00pm

07:00pm-10:00pm

Access to Thermal Circuit Rock Spa  
(1 per person and stay)

computer available

**Observations:** *Up on the 12th, 13th, 14th and 15th floors of the Nirvana Tower, the rooms and suites in the Rock Royalty® category offer exclusive features like concierge service and a VIP reception desk, among other luxury services, as well as access to a spectacular 100 m2 lounge with views overlooking the Atlantic Ocean, only available for members of Rock Royalty®. Access to Rock Spa Thermal Circuit (1 per person and minimum stay of 3 nights, except for Rock Star Suite).*

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#### LEVELS NIRVANA

##### LEVEL 15 NIRVANA

1 The 15th floor The Lounge

2 Nirvana Rock Royalty® Lounge

-Nirvana Rock Royalty® Lounge

##### LEVEL 13 NIRVANA

3 Nirvana Rock Royalty® Reception

-Nirvana Rock Royalty® Reception

4 Nirvana Rock Royalty® Room

5 Spa Areas, Fitness Department

6 Spa Areas, Fitness Department

7 Spa Areas, Fitness Department

8 Spa Areas, Fitness Department

9 Spa Areas, Fitness Department

10 Rock Spa® Rock Photo Splash (10)

##### LEVEL 10 NIRVANA

11 UHC Lobby Bar, UHC Lobby Bar

12 Rock Shop Rock Shop

-Rock Shop Rock Shop

13 Convention Center, Centro de Convenciones

14 Lobby, Lobby

15 UHC Lobby Bar, UHC Lobby Bar

16 Sessions Sessions

17 Giga Business Center, Oficina Central de Negocios

##### LEVEL 9 NIRVANA

18 UHC Lobby Bar, UHC Lobby Bar

19 Rock Shop Rock Shop

-Rock Shop Rock Shop

20 MidRock Steakhouse MidRock, Steakhouse

21 Natural Trends

##### LEVEL 8 NIRVANA

22 UHC Lobby Bar, UHC Lobby Bar

23 Rock Shop Rock Shop

-Rock Shop Rock Shop

24 Sensory Sabor Sabor (sensory room)

25 Rock Shop Rock Shop

26 Body Rock® Body Rock

##### AREAS ZONAS

27 Nirvana Nirvana

28 Costa Costa

29 Areas Acceso principal

30 Pool Pool

31 Restaurante Restaurante

32 Max Goff Max Goff

33 Garden Zona Verde

34 Midway Midway



## TOWERS TORRES

### THE BEACH CLUB AT HARD ROCK HOTEL TENERIFE

Step into the exquisite, authentic-cosy-friendly and healthy gastronomy, while taking in the splendid ocean views. Whether you are enjoying a cocktail or live music, the Beach Club is the perfect place to relax just a few steps from the sea.

Sumérgete en la exquisita gastronomía saludable mientras disfrutas de unas magníficas vistas del océano. Dónde mejor disfrutar de un cocktail o de música en vivo, el Beach Club es el lugar donde relajarte justo al mar.



#### LEGEND LEYENDA

### GENERAL MAP OF HOTEL

PLANO GENERAL DEL HOTEL

